

PUBLIC HEALTH NUTRITION MINOR

Overview

The Public Health Nutrition Minor is designed to equip students with the knowledge and skills necessary to understand and address the interplay between nutrition and public health. This minor offers a complementary curriculum for students who are majoring in a health-focused field, science-focused field, and liberal arts. The coursework for the minor offers students exposure to interdisciplinary aspects of public health nutrition, such as education and communication, epidemiology, systems, and policy.

Requirements

Course ID	Title	Credits
Core Courses (12 credit hours)		
SPHU 1010 or SPHU 1020	Intro To Public Health Cell, Individual & Community	3
SPHU 2300	Introduction to Nutrition	3
SPHU 3360	Public Health Nutrition: Principles to Practice	3
SPHU 4310	Nutrition Education and Communication	3
PH Skill-Based Nutrition Selectives (Choose 2)		6
SPHU 3015	Public Health Program Implementation and Management	
SPHU 3200	Nutrition & Chronic Disease	
SPHU 3350	Lifecycle Nutrition	
SPHU 3570	Introductory Microbiology	
SPHU 4330	Resilience in International Disasters	
SPHU 4550	Capstone Independent Study	
SPHU 4570	Internship	
PSDV 3500	Global Food Politics & Policy	
ECON 3530	Global Food Economy	
EVST 3010	Food System Leadership in the Gulf South	
Total Credit Hours		18

Per university policy, students are not permitted to share credits between minors. Only three credit hours can be shared with a Public Health Major.