EXERCISE SCIENCE MINOR

A minor in Exercise Science allows undergraduate students to enhance or complement their current major(s) to more closely align with their intended career path. The minor consists of 19-20 credit hours, and provides an overview of the study of exercise science through courses in biomechanics, the human body, motor learning and other related topics.

Requirements

Minor Requirements

Course ID	Title	Credits
KINE 1500	Intro to Kinesiology	3
KINE 3120	Biomechanics	4
KINE 3200	The Human Body	3
KINE 4070	Motor Learning	3
Select two courses:		**6-7**
KINE 3110	Exercise & Sport Psychology	
KINE 3130	Lifespan Motor Development	
KINE 4030	Exercise Physiology	
KINE 4110	Sports Medicine	
KINE 4120	Strength & Conditioning	
KINE 4150	Exercise Prescription	
Total Credit Hours		**19-20**