

EXERCISE SCIENCE, B.S.

The Bachelor of Science in Exercise Science program provides students with foundational knowledge in the biomechanical, physiological, and psychological aspects of physical activity and its impact on health, society, and quality of life.

The School of Professional Advancement awards the Bachelor of Science in Exercise Science degree following the successful completion of 120 credits, including 40 credits in the major culminating in an internship or independent research project.

Requirements

Course ID	Title	Credits
Major Core Courses		
KINE 1500	Intro to Kinesiology	3
KINE 3110	Exercise & Sport Psychology	3
KINE 3120	Biomechanics	4
KINE 3130	Lifespan Motor Development	3
KINE 4030	Exercise Physiology	4
KINE 4070	Motor Learning	3
KINE 4110	Sports Medicine	3
KINE 4120	Strength & Conditioning	3
KINE 4150	Exercise Prescription	3
SCEN 2030	Anatomy	3
SCEN 2035	Anatomy - Lab	1
SCEN 2040	Physiology	3
SCEN 2045	Physiology - Lab	1
Select one course:		
KINE 5001 or KINE 4910	Internship Independent Study	3
Total Credit Hours		40

Program String and Field of Study: PAUBS_UG, EXSC (SoPA)

Program String and Field of Study: UDSBS_UG, EXSC (NTC)

Contact

For more information, contact the School of Professional Advancement (<https://sopa.tulane.edu/degrees-programs/bachelors-degrees/bachelor-science-exercise-science/>).