

## TIDES - TU INTERDISC EXPERIENC (TIDE)

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### **TIDE 1000 NOLA Cities of The Dead (1 Credit Hour)**

Students will be introduced to the history and cultural folkways of New Orleans through the study of historic figures, cemetery architecture, monument construction and funerary symbolism reflected in stone and iron. Why are above-ground tombs more prevalent in New Orleans? What are the different tomb types and their architectural styles? Why do families in Louisiana visit cemeteries on All Saints Day? What symbolism does funerary art in stone and iron reveal? This TIDES course will provide several informative field sessions to local cemeteries combined with class lectures.

### **TIDE 1001 New Orleans' Hidden Places (1 Credit Hour)**

### **TIDE 1002 The Edge of Medicine (1 Credit Hour)**

### **TIDE 1003 Happiness & Human Flourishing (1 Credit Hour)**

What can scientific research tell us about practices and perspectives that lead to a happier life? What can psychology do to help ordinary people to thrive and flourish? Which practices lead to greater fulfillment and life satisfaction? Positive psychology engages such questions by utilizing scientific research methods to identify practices which lead to greater happiness and human flourishing – a life rich in purpose, relationships, and enjoyment. Positive psychologists maintain that (1) flourishing requires more than curing pathology; (2) flourishing requires tapping human strengths and positive capacities; and (3) scientific research methods can help us to identify and refine strategies for flourishing. This course will provide a theoretical and practical introduction to applied positive psychology. Topics will include positive emotions, hedonic misprediction and adaptation, character strengths (and their application in academia), purpose, gratitude, kindness, meditation, nurturing social relationships, and more. Students will learn about the foundational theories and research of positive psychology and will also engage in experiential homework in which they will apply strategies for enhancing their own health and happiness and for positively impacting their relationships and communities. This course will also expose students to local wellness resources at Tulane and New Orleans and will offer opportunities to explore a variety of life enhancing practices through homework assignments and a few group activities such as attending a yoga class (exercise), a meditation class (mindfulness), and a field trip to the French Quarter exploring New Orleans architecture and history on a walking tour (engagement) and enjoying some local cuisine (savoring).

### **TIDE 1004 Integrating Comp Med-Coll Exp (1 Credit Hour)**

### **TIDE 1005 Mardi Gras: Greatest Free Show (1 Credit Hour)**

### **TIDE 1006 American Jews on Screen (1 Credit Hour)**

### **TIDE 1007 The Art of Letter-Writing (1 Credit Hour)**

### **TIDE 1008 NO: A Spirituality Survey (1 Credit Hour)**

### **TIDE 1009 NO Tourism: Auth & Sensational (1 Credit Hour)**

### **TIDE 1010 Ldrshp, Pol, Powr,Change (1 Credit Hour)**

Are leaders born or bred? How do leaders and their leadership styles impact change? How does one develop the courage and wisdom to lead and promote change effectively? This TIDES class provides an opportunity to examine the nature of leadership, its impact on the change process, and the underlying dynamics of power, politics, and conflict. Over the course of the academic year, this course focuses on developing an interdisciplinary understanding of the theories and practices of organizational and community leadership. As a TIDES member, you will actively study the theories that emerge from a variety of fields and reflect on their practical, political, and ethical assumptions as well as on their implications in a variety of settings. Through readings, classroom discussions, interviews with local leaders, and a group initiative, you will gain a greater appreciation for the issues that affect leaders and the components of successful leadership.

### **TIDE 1011 Exploring Russia (1 Credit Hour)**

The seminar will introduce students to various aspects of Russian culture, history and life, including food, music and visual arts. In an informal and relaxed atmosphere, students will get a "taste" of a little bit of everything that Russia is famous for: from icon paintings to onion domes; from the times of Ivan the Terrible to Putin's Russia. A variety of readings (mostly short articles), film screenings, musical videos, and guest lectures will be part of the class. No knowledge of Russian is needed or required.

### **TIDE 1012 Working for Change:New Orleans (1 Credit Hour)**

### **TIDE 1013 The Architecture of Place (1 Credit Hour)**

How can architecture define a place? How do buildings support social constructs and cultural patterns? How do spatial relationships, proportions, and forms shape how we move through and experience places? How do the lines, curves, textures, and colors of walls, roofs, railings and other built elements impact our senses, emotions, and memories? All of these questions will be explored as students learn about the particular built environment that makes New Orleans so unmistakably New Orleans. Students will be encouraged to think critically about built environment and to communicate their ideas effectively through writing, visuals, and speech.

**TIDE 1014 Cultivate Residence Self Care (1 Credit Hour)**

Health in college is so much more than avoiding pizza every night and occasionally going to the gym. Health is multifaceted and is pivotal to your ability to thrive during the next four years. This course will examine the most relevant health topics for college students from a public health perspective, integrating theories and practices relevant to your life. In addition, this course seeks to cultivate leadership skills as an element of being healthy and successful in college.

**TIDE 1015 Cultivate Inner Changemaker (1 Credit Hour)**

Cultivate your Inner Changemaker is devoted to exploring the skills, strategies, and ideas of effective social change advocates in the 21st century. Students will be learning about some of the essential skills of effective changemakers, including leadership, optimism, resilience, risk-taking, luck, relationship building, conflict resolution, creativity, and innovation. Throughout the course, students will practice these skills, both in class and through assignments.

**TIDE 1016 Tolkien as Translator (1 Credit Hour)**

While many have enjoyed J.R.R. Tolkien's *The Lord of the Rings* as an epic novel, few readers are aware of the fundamentally linguistic and anthropological nature of Tolkien's writing. As Oxford Professor of Anglo-Saxon, Tolkien was intimately familiar with the Germanic languages, their history, and their epic literatures. Because of his background, he went far beyond the invention of a few strange-sounding names for the characters and places of his world, instead developing a detailed proto-language (Common Eldarin) and following its development into two distinct but related Elvish tongues, Quenya and Sindarin. He also invented Khuzdul (Dwarvish), the Black Speech, Adûnaic (Númenórean) and Sôval Phârë (The Common Speech). Importantly, he assumed a role of translator of *The Lord of the Rings*, employing English archaisms and dialects to reflect the varying speech styles of his characters, their relative social status, and their complex interrelationships. Old English, Old Norse, and Gothic were all employed to accurately reflect the degree of kinship characters, places and languages had to the 'Common Speech'. In this course, we study the role of language in *The Lord of the Rings*, applying concepts and perspectives from linguistic anthropology to shed light on Tolkien's methods and purpose as the 'translator' of Middle-earth. Students are introduced to Tolkien's invented languages (and their real-world inspirations) and two of his invented alphabets. An appreciation of the linguistic foundations of Middle-earth greatly increases one's understanding of Tolkien's achievement, and provides insights into one linguist's view of the intricate and interdependent relationships of language, culture, and society.

**TIDE 1017 Changemakers in NOLA Education (1 Credit Hour)**

This one-credit course is designed for those interested in social innovation and social entrepreneurship. In addition to exploring design thinking, social and emotional learning, and health and wellness, students will explore the innovative initiatives currently shaping the landscape of education in New Orleans.

**TIDE 1018 Case Studies in Leadership (1 Credit Hour)**

This 1-credit course will utilize a variety of cases which highlight a real-life example of a challenge in leadership. Fields covered will include business, politics, non-profit work, and social movements - all highlighting decision making in New Orleans following Hurricane Katrina. In most class periods, you will be asked to "inhabit" the case and take up the dilemma of its protagonist. I may assign class members roles to prepare and play in the class discussion spontaneously or in advance. None of the cases have right answers, although we may have an epilogue that tells what actually happened (the historical outcome). You are asked to wrestle with the problem as if it were your own and bring your experience and classroom learning from Tulane University and elsewhere to bear on the questions. The Harvard Business School originated and developed the phenomenon of the teaching case to simulate business experience in novices, to create a concrete vehicle for applying abstract theories to real-world situations, and to engender engaged classroom discussion while fostering critical thinking skills as students were forced to wrestle with actual business dilemmas that had no easy answer. It is no accident that professional schools were drawn to case teaching—Law, for obvious reasons—but also schools of public affairs and public health whose missions are to utilize the best thinking of the disciplines to prepare students for careers as practitioners. Cases marry learning about real world policy and organizational problems with critical thinking, abstract reasoning, and theorizing valued in all academic disciplines. In particular, this course will offer you a chance to get to know New Orleans as a resilient city with monumental challenges left to tackle.

**TIDE 1020 Cities & Urban Environmt (1 Credit Hour)**

Focusing on selections from the seminal work "The Death and Life of Great American Cities" by Jane Jacobs, we will explore and discuss its relevance to the city of New Orleans. We will also look directly at what is currently happening in the city of New Orleans via field studies, guest presentations and movies. Selected neighborhoods of New Orleans will be explored as vehicles for looking at the social, political, and economic life of cities. By focusing on particular and local examples we will, in effect, also address urban issues that are both more general and global. You will be invited to learn 'how to see' (observe) the many aspects of the city, be introduced to tools for the analysis of city form and city behavior, and be asked to draw conclusions from what you read for this class as well as your experiences.

**TIDE 1021 Design Thinking & Place Making (1 Credit Hour)****TIDE 1022 Computational Thinking (1 Credit Hour)****TIDE 1023 Reproductive Politics in NOLA (1 Credit Hour)**

From sex education for middle and high schoolers to nutrition assistance for impoverished new parents, the phrase "reproductive politics" encompasses far more than debates over abortion and contraception. This one-credit first-year course explores American studies scholar Laura Briggs' claim that "all politics [are] reproductive politics," with a particular focus on the political and legal realities of reproductive life in the city of New Orleans.

**TIDE 1024 Invisible Cities (1 Credit Hour)****TIDE 1025 Karate: Art & Philosophy (1 Credit Hour)****TIDE 1029 Do You Want to Study Abroad (1 Credit Hour)****TIDE 1030 Music & Culture of Nola (1 Credit Hour)**

The Music and Culture of New Orleans introduces the newcomer to New Orleans to the diversity of culture in the city and region. The 11-week course explores the music, literature, art, dance, architecture, and food that are unique to Southern Louisiana so that during your student years here you can fully enjoy them. This TIDES course includes general lectures by experts in the various aspects of the culture of New Orleans. Interspersed and alternating are small sections where these experts converse directly with the freshmen, helping each individual explore the city. Students are directed to the most important music venues in the city, as well as to the best Creole and Cajun restaurants. In addition to the class meetings, each student is expected to join in at least two field trips to witness the culture first hand.

**TIDE 1034 NoLa - The Lay of the Land (1 Credit Hour)**

This course explores the geography of New Orleans and coastal Louisiana, with a focus on forces that created and threaten the river delta on which the city sits. The course examines the levee system, climate change, sea level rise, industrial impacts to coastal wetlands, along with measures to promote a resilient city in the face of environmental and other threats. The course will also explore these issues in the context of social equity and environmental justice. Students will hear from a coastal specialist, learn about the city's resiliency efforts, visit areas of the city that experienced the most devastation following hurricane Katrina, and tour a levee adjacent to a cypress swamp.

**TIDE 1035 Introduction to Yoga (1 Credit Hour)**

Yoga is a practice that offers many tools for living skillfully. This class will arm first year students with tools to help ground, calm, and focus them. The best part is that these lessons come from sweating, moving, going upside down, chanting, breathing, talking, listening, and having fun. The Sanskrit work Kula means a community, and we will create a Kula in our class, as well as connect with the New Orleans yoga community. This course is for anyone who loves yoga, or is just interested in learning more about it.

**TIDE 1037 The Power of the Human Voice (1 Credit Hour)****TIDE 1040 Religion Media Politics & Food (1 Credit Hour)**

From the influence of the religious right to the impact of gay marriage on the social fabric, religion is moving front and center in our culture. But so is food. Religion and food are often thought as distinct, separate. But in fact religion, cuisine, sexual orientation, the media, and way of life issues strongly impact politics. In this class we will discuss the relationships of these factors on present-day consciousness. This will be a student-centered class, so come ready to share your thoughts.

**TIDE 1041 New Orleans Spirituality (1 Credit Hour)****TIDE 1042 NoLa's Hidden Places & History (1 Credit Hour)****TIDE 1045 Compassionate Celeb Sightings (1 Credit Hour)****TIDE 1046 Think Like Leonardo da Vinci (1 Credit Hour)**

This course introduces you to college study and research through emulation of the Renaissance genius Leonardo da Vinci (1452-1519). To coincide with the 500th anniversary of his death, you will be invited to keep notebooks just like he did. We will examine Leonardo's artworks as a way to investigate Renaissance ideas of nature, its transformative potential, and the natural and built environment. Each week you will be tasked with a theme to explore that relates to one of his fields of interest. After viewing his drawings and writings (in English!), you too will investigate subjects that interested Leonardo and his peers—such as botany, anatomy, machine design, and flight—and learn to articulate in your notebooks your own insights and approaches to studying these topics. You'll have ample opportunity to get to know New Orleans through prompts that invite you to study in New Orleans like Leonardo might have done: you'll be invited to visit the New Orleans Museum of Art, the Pharmacy Museum, and Audubon Park. Weekly discussions will discuss the artist's approaches and your own. For your notebooks, you will not be assessed on artistic merit, but rather for the depth of your engagement with the assignment.

**TIDE 1050 Our Digital World (1 Credit Hour)****TIDE 1055 NO & JKs "A Confed of Dunces" (1 Credit Hour)****TIDE 1060 NOLA Global at the Local (1 Credit Hour)**

Open only to Altman Scholars, this TIDES experience plays an important role in the 4-year curriculum of the Altman Program in International Studies and Business. The students that make up each Altman "cohort" will take one class together each semester that they are on campus during their studies. Altman TIDES will kick off these courses during the Fall of their Freshman year. With an eye towards producing exceptional global citizens, Altman TIDES introduces students to the rich cultural fabric of New Orleans by examining past and present contributions made by peoples of different ethnicity and race. The cultures of French, Spanish, Italian, Creole, African, Latino, Jewish and Vietnamese residents, both past and present, have shaped New Orleans into the vibrant city that it is today. Specifically, we will discuss each group's impact on New Orleans' history, culture, economy and business and the challenges each faced in the process of social and cultural integration. Along the way, students will be exposed to some of the finest food representative of each group that makes New Orleans one of the greatest cities in the world – and an interesting place to directly study international influences at a local level. For Altman Scholars Only.

**TIDE 1062 Calm the Wave: Being in NOLA (1 Credit Hour)**

The transition to university life can present challenges, as you juggle less structure, more demands, new roles, and increased pressures. The purpose of this TIDES course is to help you develop social and emotional skills; benefitting you in academic and work contexts, interpersonal relationships, and overall well-being. Explore the tranquil side of New Orleans and discover your best self through mindfulness and self awareness activities. This course is designed to help students develop strengths and assets that promote their social and emotional well-being as they transition to a higher education setting in New Orleans. Such settings typically present students with less structure, more demands, new roles, and increased pressures which may contribute to struggles with stress and adjustment difficulties. The purpose of this course is to help students develop social and emotional skills; benefitting them in academic and work contexts, interpersonal relationships, and overall well-being. Students will explore tranquil locations throughout the city of New Orleans. Along the way, they will be introduced to social and emotional competencies that can help promote their personal and interpersonal awareness and competence which will help students navigate new and challenging academic, social, and emotional terrain. These competencies include: self-awareness; self-management; social awareness; relationship skills; and responsible decision making.

**TIDE 1065 Out Loud: Public Speaking NOLA (1 Credit Hour)****TIDE 1067 Nazism Fascism & the Alt-Right (1 Credit Hour)**

This course is inspired by current events, including the rise of alt-right, populist, and authoritarian parties and governments across the globe. Its aim is to use the tools of media analysis and social and literary theory in order to deepen our understanding of where and how these movements arose, how neo-fascism appeals to voters in different places and contexts, and, crucially, how leaders have harnessed popular sentiments to their own end. Readings and discussions are based on contemporary media as well as classical historical sources. Important themes in the course will include roots and causes of fascism, fascism as imperialism and racism, fascist attitudes toward gender and class, theories of totalitarianism, the psychology of fascism.

**TIDE 1068 The Pluto & Charon System (1 Credit Hour)**

This TIDES course explores the Pluto-Charon system, the public's perception of Pluto, its history, and its science. Students will learn about the search for 'Planet 9', the discovery of Pluto and objects beyond, as well as the recent exploration of the Pluto-Charon system and Ultima Thule by the NASA New Horizon's mission. In addition, students will explore and discuss the elusive questions: What is a planet? Is Pluto a planet? The course will include one field trip to Gretna Observatory one evening during the semester. This course is 1 credit and does not have pre-requisites.

**TIDE 1070 Nola Museums & Community (1 Credit Hour)**

Get to know New Orleans through an exploration of its museums, from art museums to contemporary galleries to house museums and beyond. Students will seek to understand how museums in New Orleans serve diverse communities in the city. To understand museum practice more generally, we will also explore past and current methods in museum curation and education, ethical issues museums face, and how museums respond in times of war and natural disasters. Ideal for students considering majors in art history or history.

**TIDE 1075 Celebrate NOLA (1 Credit Hour)****TIDE 1080 Disease/Healing NOLA (1 Credit Hour)****TIDE 1085 Crime & Punishment in NOLA (1 Credit Hour)****TIDE 1090 Sports & New Orleans (1 Credit Hour)**

Founded in 1718, the city of New Orleans has a long and rich history with sports. From the rise of social class-driven sports such as rowing and billiards to the New Orleans Saints' heroic revival of the city post-Hurricane Katrina, sports has been as integral to the area as food, music, and Mardi Gras. Sports have made an enduring impact on the social world in which we all live. It is a taken for granted aspect of our everyday lives – whether that entails watching "Sportscenter" or noticing that every single major newspaper contains a "Sports" section that is as long if not longer than any other section. Yet there is more to sport than just what we see on a daily basis. In this course, we will explore general sports-related topics and examine actual case studies related to New Orleans' sports scene. More than simply 'talking sports,' students will study issues from political, economic and social viewpoints and also gain an understanding of the rich sports heritage found here in New Orleans. Readings and discussions, field trips, and guest speakers will aid students to understand both historical accounts and modern-day subjects associated with sports such as governmental involvement, public financing, and community development. Students will participate in a mandatory service learning component with TBD. Their after-school programs promote development in boys and girls through activities that build character, cultivate new skills, and create a sense of belonging – in this case a place where kids can express themselves, play together and get fit. By participating in activities with NFL Youth Education Town students will deepen their understanding of the political, economic, and social ramifications of sports on a local level by making correlations to sports and its impacts on the city's youth, infrastructure, civic pride, crime reduction efforts, poverty eradication, and other areas, and gain an awareness of their role as a citizen in the city of New Orleans.

**TIDE 1095 Globe Trekking: Common Good (1 Credit Hour)****TIDE 1100 Society & Neuroscience (1 Credit Hour)****TIDE 1105 Cultural Nutrition & Wellness (1 Credit Hour)**

Welcome! As a member of the Tulane community, you are also now a part of the larger New Orleans community. In a city with such rich history, there is a vast divide of health and wellness options among the diverse cultural groups. Whether we are talking about access to nutritionally complete foods or more esoteric resources, such as mindfulness training, there is a long-standing disparity in our community. This course is designed to introduce students to overall health and wellness needs and availability among various communities in and around New Orleans.

**TIDE 1110 Public Ed: NOLA Path to Change (1 Credit Hour)**

**TIDE 1111 Legends in Eng and Sci (1 Credit Hour)**

**TIDE 1112 Contemporary Dance Appre. (1 Credit Hour)**

**TIDE 1113 Mindfulness: Self & Emotion (1 Credit Hour)**

This class introduces different mindfulness techniques, application of mindfulness practices in understanding destructive emotions and cultivating positive emotions. Mindfulness techniques cover intentional cultivation of non-judgmental, non-reactive, present-moment awareness, bare attention and concentration. Concentration and mindfulness exercises will be practically studied and evaluated. Students will enhance their experience of awareness, clarity, and empathy. Students will also learn coping skills for emotional regulation, distress tolerance, depression, anxiety, stress, and insomnia. Students will be required to participate in daily mindfulness practices: self-awareness, identification of destructive emotions, logical and mindful responses, and compassionate living. The course will critically analyze mindfulness-based research articles and introduce to how to integrate different mindfulness techniques in research applications. Information will be based on recent scientific research and ancient Tibetan contemplative practices.

**TIDE 1114 Chinese Cinema (1 Credit Hour)**

**TIDE 1115 Race, Dialogue and History (1 Credit Hour)**

**TIDE 1116 3D Platforms-Educ & Business (1 Credit Hour)**

**TIDE 1117 N. O. Performance Culture (1 Credit Hour)**

There will be two primary goals in this course. The first will involve introducing students to New Orleans's history, culture, and literature. The second will entail an interdisciplinary introduction to a wide array of influences with the effort of showing how New Orleans's turbulent history of changing possession, immigration, and migration have contributed to a "performance" of various versions of "New Orleansness." The course will focus specifically on the presence of French, Spanish, African, and a brief overview of the various immigrant communities in the city's history and the various ways in which these groups have performed their own version of New Orleans for the city itself, the United States, and the world. In addition, the students will use the maps found in *Unfathomable City: A New Orleans Atlas* to look at how maps are constructions of authenticity.

**TIDE 1118 Psychiatrist's Guide (1 Credit Hour)**

**TIDE 1119 Race, Gender, Sexuality-NOLA (1 Credit Hour)**

**TIDE 1120 Exploring Literary Nola (1 Credit Hour)**

**TIDE 1121 Global Hlth & Southern LA (1 Credit Hour)**

**TIDE 1125 New Orleans as a D&D Campaign (1 Credit Hour)**

The central conceit of this course is that all participants build characters for, and participate in, a Dungeons and Dragons (styled) adventure that is based around collaborative storytelling, problem solving, the building and development of critical analytic skills, and the discovery of identity. This course will employ the city of New Orleans – and the Tulane Campus – as the "world" in which these new adventures discover themselves. The students will begin this course by building "character sheets" based on who and what they are (Identity location markers) and what they bring to the adventure. This part of the class will encourage students to articulate their own strengths and – areas of themselves upon which they are working. We will partner with The Office of Multicultural Affairs to engage these students in a discussion of identification (self-identification and how we identify others). The students will be sent on an adventure during which they will have to learn to use the resources available to them in the Tulane University Library System. The students will be asked to go through Audubon Park (and Audubon Zoo) to find creatures and treasures. The students will be asked to go to the French Quarter and have specific foods that are specific to New Orleans Culture and listen to music that was created here in New Orleans. The students will be asked to take pictures and sample sounds as "proof" that they have completed their quests. The students will be asked to "scribe" and reflect upon their adventures. The students are going to be asked to consider the relationship between "game" and "real-life" when we talk to local New Orleans Health and wellness programs (CrescentCare). This course will be rooted in the concepts of discovery, and gaming, and responsibility for choosing one's own adventure. We will also read at least one "fantasy" novel and discuss the nature of the narrative itself. We will discuss how the idea of women and female characters function in the book. We'll talk about how the book depicts the idea of the protagonists, as well as, the "traditional" trope of male as default in much of fantasy fiction – and what that means. We will discuss how the novel utilizes and incorporates the concept of "race."

**TIDE 1130 Mardi Gras:Mystery &Myth (1 Credit Hour)**

**TIDE 1135 Ecosystem in New Orleans (1 Credit Hour)**

**TIDE 1140 Dead Sea Scrolls (1 Credit Hour)**

**TIDE 1145 Committed to Cultural Diversit (1 Credit Hour)**

In 2016, Tulane University President Mike Fitts established the Race Commission composed of students, staff, faculty, and board members to address issues related to campus diversity. Join this TIDES course as an early step in becoming a student leader committed to this and other diversity initiatives at Tulane. You will learn about the array of programs offered by the Office of Multicultural Affairs. Activities will include academic and social events that bring together TIDES students and members of various student organizations involved in promoting intercultural exchange and understanding. We invite you to become a part of this group of change-makers.



**TIDE 1150 The Blues (1 Credit Hour)****TIDE 1155 Social Innovation in Education (1 Credit Hour)****TIDE 1160 Kinetic New Orleans (1 Credit Hour)****TIDE 1165 Blurring Lines Tulane & NOLA (1 Credit Hour)**

Congratulations - you're officially a Tulane student! As part of the Green Wave, you'll be living both on the St. Charles campus and in a city whose future is as exciting and complicated as its past. In, "In" or "Of" New Orleans, students will have multiple opportunities to blur the lines between Tulane University and New Orleans, Louisiana while considering their own social identities as a member of these two communities. Through readings, guest speakers, as well as explorations of current events, festivals, and cuisine, this course will make clear what it means to be "in" AND "of" New Orleans.

**TIDE 1170 Muffulettas, Mafia & Mardi Gras (1 Credit Hour)****TIDE 1175 Game of Thrones (1 Credit Hour)****TIDE 1180 Management of Epidemic Disease (1 Credit Hour)****TIDE 1185 Innov in Chemical Engineering (1 Credit Hour)**

This course will introduce students to the modern approaches chemical engineers employ to solve real-world problems. Topics will emphasize engineering design and innovation. Students will learn through relevant readings, discussions, and guest lectures from leaders in the field. Fieldtrips to the NASA Michoud, Assembly Facility, Aquarium of the Americas, a local brewery, and the Tulane Maker Space will expose students to real-world applications.

**TIDE 1190 Introduction to Yoga (1 Credit Hour)****TIDE 1195 Aikido: Self-defense & Harmony (1 Credit Hour)****TIDE 1200 New Orleans Neighborhoods (1 Credit Hour)****TIDE 1205 Local and National Cookbooks (1 Credit Hour)****TIDE 1210 Art Meets Physics (1 Credit Hour)**

Art (in its broadest sense, including visual arts, literature, and various types of performance) is meeting science all around us. These interactions go well beyond the use of science as raw material by artists. The advancements in science lead to dramatic changes in our perception of the world clearly reflected in artists' creations. Just as religious and mythological sources had influenced art before and during the Renaissance, artists are now being moved by the need to capture the complexities and mysteries of the physical universe. In many ways, science and art are profoundly similar. The best of each rises up from the depths of human creativity, in both the arts and science there's the need for inspiration and hard work, the willingness to experiment and be brave, and the conviction that you are searching for or creating work that says something meaningful about the world or nature. In this course, we will discuss the mutual influence of arts and science (particularly physics) using examples from different art forms and historic periods. The course includes trips to New Orleans Museum of Arts and Laser Interferometer Gravitational Wave Observatory (LIGO-Livingston).

**TIDE 1215 The Physics of Baseball (1 Credit Hour)****TIDE 1220 New Orleans & Hurricanes (1 Credit Hour)****TIDE 1225 Women in STEM (1 Credit Hour)**

This course covers the challenges facing women pursuing degrees and careers in STEM. Many of these challenges are institutionalized barriers that still exist, creating a system in which it is harder for women to thrive in comparison with their male peers. Other minority groups in STEM face many of the same challenges as women, and the additional and different barriers for other underrepresented groups will also be discussed. The course will cover strategies for success in STEM and becoming an ally and advocate for other traditionally marginalized groups in STEM. One credit hour. No prerequisites.

**TIDE 1230 Latin American Infusion (1 Credit Hour)****TIDE 1231 Youth Culture in Latin Amer (1 Credit Hour)****TIDE 1235 Memory & Negot of Public Space (1 Credit Hour)**

In this course, we will come to a better understanding of the articulation of public space in its relationship to history and memory. We will first discuss a number of paradigmatic cases in the battle for the public expression of national, regional, or group trauma in the form of monuments, memorials, or sites of commemoration: the Holocaust memorial in Berlin, the Vietnam memorial in DC, the "Parque de la memoria" in Buenos Aires, and the alternative ways of remembering the totalitarian period in Indonesia. Next, we will focus on these negotiations in the recent history of New Orleans: the marks of Katrina in the city today, the ways New Orleans chooses to remember it, and the controversy about the removal of confederate monuments in the city.

**TIDE 1240 Sex/Drugs/Rock'nRoll & Disease (1 Credit Hour)**

Over the course of the next year students will develop an understanding of why young adults engage in high-risk health behaviors. During the first semester attention will focus on the social processes thought to underlie young adults' uptake of behavior patterns which expose them to unnecessary health risks. Among the wide range of high risk behaviors to be covered over the course of the year will be drinking, drugging, smoking, eating, speeding, unsafe sex, and other risky choices. Participants will develop an understanding of how one's family, friends and peers come to shape high-risk health behavior patterns. New Orleans provides an excellent vantage point from which to scientifically explore a culture in which exhibiting high risk health behavior patterns is almost normative. Students will work up epidemiological comparisons between their hometowns and New Orleans based on a wide range of available Internet databases. Students do no direct observations or participation in any high-risk behavior patterns as part of the course.

**TIDE 1245 Sports Med: The Team Approach (1 Credit Hour)**

The TIDES course Sports Medicine, The Team Approach is a one credit course. This course will explore current topics of sports medicine and how the topics influence practice within the field. Through the guidance of a team physician, students will gain perspective on how sports medicine professionals care for athletes of all ages, with an additional emphasis on collegiate athletes. Students will learn through relevant readings, discussions, and guest lectures from leaders in the field. Fieldtrips to the Professional Athlete Care Team Clinic, Tulane Institute of Sports Medicine, Tulane Athletic Facilities, and an inside look into a sports game will expose students to the interactions of healthcare professionals involved in the continuum of care for athletes.

**TIDE 1250 Visual Arts New Orleans (1 Credit Hour)**

This TIDES class was put together by a team of university art professionals with the intention of introducing students to the breadth of the visual arts scene in contemporary New Orleans. The course includes field trips to and visits from artists, curators, critics, collectors, private gallery owners, and public museum professionals, offering a behind-the-scenes look at the vibrant cultural life of the city. Ideally students will come away from the class with an appreciation of the richness of the visual arts in New Orleans, the ability to discuss and write about the visual arts, and some insights into the nuts-and-bolts activities of the individuals and institutions that define the visual arts in New Orleans.

**TIDE 1255 Literature in New Orleans (1 Credit Hour)**

In this course, students will explore a wide range of literature written in and about New Orleans, "the last frontier of Bohemia," according to Mark Twain. Readings of literary works associated with the city will form the basis of group discussions about how literature can illuminate a sense of place, along with other themes such as race, gender, and existentialism. Works covered will range from the late 19th century stories of George Washington Cable to the 20th century works of Walker Percy, Tennessee Williams, and John Kennedy Toole. We will also read some of the most recent literature published by contemporary New Orleans authors. Students will keep weekly journals, in which they will compose either (1) a literary analysis of the reading assignment, (2) an autobiographical response to it in essay form, or (3) a related piece of creative writing. They will also write one short paper analyzing a local literary work of their own choosing. A field trip to the French Quarter to visit literary sites, and guest lectures by local authors will provide students with first-hand knowledge of the city and the literary imagination inspired by it. This course will help students to begin experiencing their new city as, "a little piece of eternity dropped into your hands" (Tennessee Williams).

**TIDE 1260 Disasters, Disease &Devl (1 Credit Hour)****TIDE 1261 Environmental Literacy (1 Credit Hour)**

**Corequisite(s):** TIDE 1990.

**TIDE 1265 Indian Tribes on the Bayou (1 Credit Hour)**

Want to explore the wilds of Louisiana outside of New Orleans? Try some alligator meat, shrimp caught fresh from the sea or, in general, explore another side of Louisiana's rich cultural heritage- then this class is for you! The far-reaching impact of Native American Tribes of the lower Mississippi Valley on shaping Louisiana history is among the least explored subjects among the otherwise well-documented rich history of Louisiana. Recent and ongoing research shows that without the "Petit Nations", as some of the Tribes were called, the history of this region would have been quite different. This course offers students the rare opportunity to participate in on-going, important research that entails working directly with Tribal members. In addition, students will have the opportunity to take a trip conducted by Tribal members down the bayous as they give a tour of their ancestral lands as well as explore other areas of Louisiana outside of New Orleans while also tasting some of the food native to Louisiana. An experience not to be missed!

**TIDE 1270 Psychology In The Movies (1 Credit Hour)****TIDE 1275 Hullabaloo Excell at Tulane (1 Credit Hour)**

"A Helluva Hullabaloo: Learning How to #BeExcellent at Tulane" introduces students to developing life skills that will be useful not only in college, but also will help prepare them for the "real-world." The broad-reaching goal of this TIDES course is to offer students the opportunity to gain valuable skills and lessons that can be used to succeed during their career at Tulane.

**TIDE 1280 Detecting Crime (1 Credit Hour)****TIDE 1285 Crafting & Comm in New Orleans (1 Credit Hour)**

Ever wondered about the distinction between arts and crafts, why crafting is popular, or how many beads are in a Mardi Gras Indian costume? Whether you do crafts, buy them, use needle and thread, hammer and nails, or scissors and glue, you are involved in crafting. We'll learn about crafting as a hobby and a profession and look at local craft culture in New Orleans. We'll explore assorted craft practices and communities, through creative workshops, guest speakers, and fieldtrips to local craft centers or markets. No experience necessary – but if you've ever wanted to learn a craft, this is your opportunity!

**TIDE 1290 Reading The Graphic Novl (1 Credit Hour)****TIDE 1295 Inside the Ivory Tower (1 Credit Hour)****TIDE 1300 Haunting of Louisiana (1 Credit Hour)****TIDE 1305 Different Pictures-New Orleans (1 Credit Hour)**

This TIDES course we will address the question, "What constitutes the heart and soul of New Orleans?" The most common answers are, great restaurants, Mardi Gras, Jazz Fest, French Quarter Festival, Voodoo, Ghosts, the Blue Dog, and of course, the Saints. Throughout the semester, we will study and discuss the city's cultural fabric from a folkloric, historical, artistic, literary, and cinematographic point of view. Students will assess the different facets and components that build our great city and contribute to its unique culture through the analysis of assigned text and film material, the participation in class discussions, team presentations, and field trips, as well as in the format of a reflective final paper.

**TIDE 1310 College Women:Film/Reali (1 Credit Hour)****TIDE 1315 Making New Orleans (1 Credit Hour)****TIDE 1317 Sports as a Leadership Model (1 Credit Hour)**

This course uses a sports lens to introduce Tulane students to what character traits have made sports figures, coaches, teams, and organizations successful as well as aided in turning sports from recreational fun to a multi-billion-dollar global industry juggernaut. This class will introduce students to several different valuable life skills and lessons to aid them in them in their academic endeavors and professional journey. The goal of this class is to see what transferable skills those in the world of sports use in their respective venues to help them become success stories and pass those qualities along to you to aid you in achieving success in life during and after Tulane.

**TIDE 1320 Design-It-Yourself Nola (1 Credit Hour)****TIDE 1330 A Cabinet of Curiosities (1 Credit Hour)****TIDE 1340 Children & Adolescents (1 Credit Hour)****TIDE 1350 Mysteries Quantum World (1 Credit Hour)****TIDE 1360 Modern Cosmology (1 Credit Hour)****TIDE 1370 A Running Conversation (1 Credit Hour)****TIDE 1380 Media Cultures of Nola (1 Credit Hour)****TIDE 1390 Silver Screen Shakespeare (1 Credit Hour)****TIDE 1395 Catholic New Orleans (1 Credit Hour)****TIDE 1400 Being an Advocate for Women (1 Credit Hour)****TIDE 1410 Confronting Our Evil (1 Credit Hour)****TIDE 1420 The Myth of Popular Cult (1 Credit Hour)****TIDE 1430 Writing In New Orleans (1 Credit Hour)**

A student adopts and inhabits a new city, becoming native. Keep a journal of New Orleans. Write it down! Take moments, ideas to reflect the experience among peers living in the Crescent City. Write letters, poems, and lyrics, discussed during workshops in class and on excursions in the city. Become thoughtful...listen, read, write, converse through language. A journal may recollect moments in tranquility (Wordsworth) or may take the form of day-to-day experience (Bosworth). During particular classes the student will be asked to write while on a streetcar, in Audubon Park, and on the levee by the Mississippi river. Students will keep a journal, participate in a writer's workshop, give a class presentation, and write a research paper. Participation is a must. There are no examinations.



- TIDE 1440 5 Nola Sites:Arch &Music (1 Credit Hour)
- TIDE 1450 Grnd Challenges Sci Engr (1 Credit Hour)
- TIDE 1460 History of Cosmology (1 Credit Hour)
- TIDE 1470 Invisible Cities In Nola (1 Credit Hour)
- TIDE 1480 Greening The Media (1 Credit Hour)
- TIDE 1490 Religion In Free Society (1 Credit Hour)
- TIDE 1495 College Knowledge: Success (1 Credit Hour)
- TIDE 1500 Irish In New Orleans (1 Credit Hour)
- TIDE 1505 German Cult Heritage NoLa (1 Credit Hour)
- TIDE 1510 Mathematics & The Media (1 Credit Hour)
- TIDE 1520 Medieval New Orleans (1 Credit Hour)
- TIDE 1530 Folk Traditions of New Orleans (1 Credit Hour)
- TIDE 1540 Nola, Arch & The Movies (1 Credit Hour)
- TIDE 1550 The Good Life (1 Credit Hour)
- TIDE 1560 Nobel Laureates in the NSCIs (1 Credit Hour)
- TIDE 1570 Going Green In Nola (1 Credit Hour)
- TIDE 1580 The Big Lebowski & Philosophy (1 Credit Hour)
- TIDE 1590 Intro To Research (1 Credit Hour)
- TIDE 1600 Intro To Clinical Medicn (1 Credit Hour)
- TIDE 1610 Social Problems In Ameri (1 Credit Hour)
- TIDE 1620 Alligator on a Stick (1 Credit Hour)
- TIDE 1630 Creative Entrepreneurship (1 Credit Hour)
- TIDE 1640 The Cultures of Food (1 Credit Hour)
- TIDE 1650 Life of A Child In Nola (1 Credit Hour)
- TIDE 1660 Literary Arch of Nola (1 Credit Hour)
- TIDE 1665 Gender & Sexuality in NO Hist (1 Credit Hour)
- TIDE 1670 Designing & Making (1 Credit Hour)
- TIDE 1680 Hot Topics in Sports Law (1 Credit Hour)
- TIDE 1690 Comm Engagemt Urban Dsgn (1 Credit Hour)
- TIDE 1700 Myth&Real Nola Food/Drnk (1 Credit Hour)

As the concept of local foodways becomes entrenched in the growing "foodie" culture of the United States, local food and local dishes become an ever more important marker of place. Whether justified or not, Creole and Cajun food and, of course, the ubiquitous Cocktail, are perceived by many as synonymous with New Orleans. In this course, we will explore the myths and realities of these three key concepts as they apply to food and drink in New Orleans.

- TIDE 1710 Tudors:Films, Fiction, History (1 Credit Hour)
- TIDE 1720 Military In Amer Society (1 Credit Hour)
- TIDE 1730 Women & Lit in New Orleans (1 Credit Hour)
- TIDE 1740 Citizenship &Healthy Comm (1 Credit Hour)
- TIDE 1742 Shakespeare in New Orleans (1 Credit Hour)
- TIDE 1750 The Culture of Money (1 Credit Hour)
- TIDE 1760 Narratives of New Orleans (1 Credit Hour)
- TIDE 1765 TV, MD: Ready for Prime Time? (1 Credit Hour)
- TIDE 1770 A Confederacy of Dunces (1 Credit Hour)
- TIDE 1775 Africans in Film (1 Credit Hour)
- TIDE 1780 Kidnapped By The Streets (1 Credit Hour)
- TIDE 1790 Akira Kurosawa Cinema (1 Credit Hour)
- TIDE 1800 The Sweet Life (1 Credit Hour)
- TIDE 1810 Non-Profits & Katrina (1 Credit Hour)
- TIDE 1820 Socrates & You (1 Credit Hour)
- TIDE 1830 Loot & Plunder Art & Archaeol (1 Credit Hour)
- TIDE 1840 O-O Progrmng Video Games (1 Credit Hour)
- TIDE 1850 Hist of Dreams & Dreaming (1 Credit Hour)
- TIDE 1860 Drug Development (1 Credit Hour)
- TIDE 1870 World Dance (1 Credit Hour)
- TIDE 1880 Martial Arts For Perform (1 Credit Hour)
- TIDE 1890 Service learning: TIDE 1010 (0-1 Credit Hours)
- TIDE 1891 Service learning: TIDE1984 (0-1 Credit Hours)
- TIDE 1892 Service Learning: TIDE 1810 (0-1 Credit Hours)
- TIDE 1893 Service learning: TIDE 1370 (0-1 Credit Hours)
- TIDE 1894 Service Learning: TIDE 1265 (0-1 Credit Hours)
- TIDE 1895 Service Learning: TIDE 1500 (0-1 Credit Hours)
- TIDE 1896 Service Learning: TIDE 1110 (0-1 Credit Hours)
- TIDE 1897 Service Learning: TIDE 1730 (1 Credit Hour)
- TIDE 1898 Service Learning: TIDE 1740 (0-1 Credit Hours)
- TIDE 1899 Service Learning: TIDE 1090 (0-1 Credit Hours)
- TIDE 1900 The Metaphor of Chess (1 Credit Hour)
- TIDE 1910 SovietComedyFilm+RealityBehind (1 Credit Hour)
- TIDE 1915 Sicilian Jazz:Ital Cult NOLA (1 Credit Hour)

The Italian Culture in New Orleans" will focus on different facets and components of the Italians in the Crescent city. Special consideration will be given to the discussion of the following topics: New Orleans and the culture of the Italian emigrants, traditions, cuisine, music, fiction and movie rendering of the Italian emigration.

**TIDE 1925 Natural History of Louisiana (1 Credit Hour)**

**TIDE 1930 Reality Journalism (1 Credit Hour)**

**TIDE 1940 Transfer Coursework (3 Credit Hours)**

**TIDE 1950 Salsa! (1 Credit Hour)**

**TIDE 1955 Life and Death Decisions (1 Credit Hour)**

**TIDE 1960 Architecture & Disaster (1 Credit Hour)**

**TIDE 1970 Songwriting For Audience (1 Credit Hour)**

**TIDE 1981 Frames Films & Femmes Fatales (1 Credit Hour)**

This course is a critical survey of cinematic works by and about women, with examples drawn from different modes of cinematic expression (mainstream fiction films as well as alternative film and video [including documentaries, experimental, & narrative]) and from different historical periods (from the 1930s to the present). The course deploys feminist approaches to film criticism and applies these approaches to cinematic representations of women. Films illustrating particular genres, as well as feminist and "women's" films, are discussed and critiqued. We will consider the role of film in our understandings of sex, gender, and sexuality, as well as race, class, and disability. Through discussions and writing, we will work to discern relevant social, political, ideological, and aesthetic concepts in the media we examine. We will look at contemporary Hollywood and independent cinema, US and some international films by both established and emerging filmmakers.

**TIDE 1982 Contemporary Women Writers (1 Credit Hour)**

**TIDE 1983 Us vs. Them (1 Credit Hour)**

Black vs. White. Citizen vs. Immigrant. Transgender vs. Cisgender. Christian vs. Muslim. Gay vs. Straight. The list goes on. In recent years, the United States has become increasingly polarized. The most interesting and exciting aspects of human diversity are set against one another, in rigid opposing binaries. Through interactive workshops, cultural trips, discussions of texts and films, writing reflections, and guest speakers, this seminar will serve as an incubator for students from diverse backgrounds to develop their understanding of the complexities of cultures, identities, and power dynamics. We will simultaneously explore everyday practices for world building beyond "Us. Vs. Them."

**TIDE 1984 Identity, Power & Comm Engage (1 Credit Hour)**

**TIDE 1985 Women Leading New Orleans (1 Credit Hour)**

From non-profit organizations to government, from social movements to Mardi Gras, from restaurants to boardrooms, women have led New Orleans. Using an intersectional feminist lens, this course will explore how the personal, the organizational, and the institutional intersect to shape how women practice leadership. Students will be introduced to theories and research that address gender and leadership while focusing on historical and contemporary examples of women practicing leadership in New Orleans. The course will begin with a brief introduction to a sociological perspective on gender and intersectionality - foundational concepts of the course - and move into discussions of how and why women lead, as well as barriers they encounter to leadership. Guest speakers, field trips, and writing assignments will ask students to think broadly, but also analytically, about what leadership means, as well as about how identities and institutions shape the experience of leadership.

**TIDE 1990 Service Learning: TIDE 1760 (0-1 Credit Hours)**

**TIDE 1991 Service Learning: TIDE 1830 (0 Credit Hours)**

**TIDE 1992 20-Hour Svc Learning TIDE1550 (0 Credit Hours)**

**TIDE 1996 Service 20 hours; TIDE1960 (0 Credit Hours)**

**TIDE 1998 Service 20 hours: TIDE1810 (0 Credit Hours)**