

## SCHOOL OF PROFESSIONAL ADVANCEMENT (SOPA)

---

### **SOPA 1100 Foundations of Academic Success (3)**

This course is an interdisciplinary study of a student's academic success while at the Tulane School of Professional Advancement (SoPA). Students will develop the skills needed to promote academic and personal success. Topics include strengths assessment, motivation, goals, self-advocacy, self-managment, and well-being. Students will also identify the campus resources and support services available to them. At the end of the course, students will create their own academic success toolkit that they can use throughout their time at SoPA. Upon successful completion of this course, students also be able to access a student success portal, in order to receive updates and reminders that build upon their created academic success toolkit.

### **SOPA 1500 Advanced Placement (0-12)**

Course designated for transfer credit.